

Presented by  
UCLA, UC Berkeley, and the  
California Commission on Health and Safety & Workers' Compensation

# Young Worker Leadership Academy

January 28–30, 2010, University of California, Berkeley

—or—

February 25–27, 2010, University of California, Los Angeles



## What is it?

- For all youth (ages 14–17) in California
- A fun, activity-packed, 3-day leadership training for youth on job health and safety
- A chance to work with your team (4 youth and adult adviser) during and after the YWLA to create a community project or event to promote safe jobs for youth during May 2010!
- An all-expenses-paid 2-night stay at a hotel in either Berkeley or Los Angeles, plus a \$75 cash stipend after you complete your community project
- An opportunity to be part of a statewide youth network on young worker rights, health and safety!

## Why would I want to do this?

- I am interested in building my leadership skills.
- I care about issues affecting people my age and want to have an impact on my community.
- I need to complete community service hours for school and this would be great!
- I want to meet new, fun people!

## How do I sign up?

- Form a team of 4 youth (ages 14–17) with an adult adviser.
- Download an application at [www.youngworkers.org](http://www.youngworkers.org) or [www.losh.ucla.edu](http://www.losh.ucla.edu).
- Complete the application with your team and adult sponsor by **November 12, 2009**.
- Questions? Contact: Diane Bush, (888) 933-8336 (*toll free*) or (510) 643-2424, [dbush@berkeley.edu](mailto:dbush@berkeley.edu).

“I learned about teen safety and rights I never knew I had. I want to tell other people what I learned so they can prevent injury to themselves.”

“Now I want to learn more. I enjoyed the Academy and would love to be involved throughout high school.”

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*The Young Worker Academy (YWLA) is part of the Worker Occupational Safety and Health Training and Education Program (WOSHTEP). WOSHTEP is administered by the California Commission on Health and Safety and Workers' Compensation in the Department of Industrial Relations through interagency agreements with the Labor Occupational Health Program at UC Berkeley, the Western Center for Agricultural Health and Safety at UC Davis, and the Labor Occupational Safety and Health Program at UCLA. The YWLA is also supported by the California Partnership for Young Worker Health and Safety.*

California Partnership for Young Worker Health and Safety

Labor Occupational Health Program  
University of California at Berkeley  
2223 Fulton Street, 4th Floor  
Berkeley, California 94720-5120  
Telephone: (510) 642-5507  
FAX: (510) 643-5698

[www.youngworkers.org](http://www.youngworkers.org)



August 24, 2009

Dear Educators and Community Leaders,

Now in our sixth year, the Universities of California at Berkeley and Los Angeles, along with the Commission on Health and Safety and Workers' Compensation, are once again sponsoring **3-day, all-expense-paid Young Worker Leadership Academies** in Berkeley and Los Angeles, January and February 2010. (see attached flyer for more details). ***These Academies offer a unique opportunity for young adults to become leaders and advocates for teen worker rights in workplace health and safety.***

Every 6 minutes a young worker is injured on the job, twice the rate for adults. Most young people know very little about their rights or what they can do to deal with workplace problems. To help address these issues, we have created the **Young Worker Leadership Academies**. As a result of these Academies, teams of youth have planned and conducted presentations, developed educational materials, and even changed their high school's work permit policies in many communities throughout California!

Each Academy brings together six teams of high school-aged youth (4 youth per team with an adult sponsor) from six communities in California. Participants learn about how and why youth are injured at work, their rights and responsibilities on the job, and how youth can have an impact on public policy, at both the local and state level. Each team will plan and carry out a local action to promote teen worker safety during May 2010, Safe Jobs for Youth Month. ***Youth participants will gain first-hand experience in actually making a difference.***

We will assemble a diverse group of participants, including youth ranging from proven leaders to those who may be struggling to reach their full potential. We are particularly looking for tenth and eleventh grader participation on teams so they may be able to attend as mentors in a subsequent year. Each team must also have an adult sponsor who will attend the Academy and provide support to the team in planning and conducting its team project after the Academy. The application must include the Adult Recommendation and Commitment form, including your attached written recommendation.

Encourage students you want to support to form a team and complete and send in the application to the LOHP office by **November 12, 2009**. If you have any questions, please contact either Diane or Nancy.

Sincerely yours,

Diane Bush  
Labor Occupational Health Program  
UC Berkeley  
510-643-2424; [dbush@berkeley.edu](mailto:dbush@berkeley.edu)

Nancy Morales  
Labor Occupational Safety and Health Program  
UCLA  
310- 794-5996; [moralesn@ucla.edu](mailto:moralesn@ucla.edu)

Adult Recommendation/Commitment for a Youth Team to Attend

**The Young Worker Leadership Academy**

*Presented by, UC Berkeley, UCLA and  
The Commission on Health and Safety and Workers' Compensation*

January 28-30, 2010 in Berkeley OR February 25-27, 2010 in Los Angeles

We are applying for the  UC Berkeley Academy (Jan. 28-30)  UCLA Academy (Feb. 25-27)  Either

Adult Name: \_\_\_\_\_ Title: \_\_\_\_\_

Agency/Organization: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-Mail: \_\_\_\_\_

How did you learn about the Academy? \_\_\_\_\_

**As an adult recommending a youth team to attend the Young Worker Leadership Academy, please sign below acknowledging that you have reviewed the following items and that you and the youth understand the requirements and benefits of participating in the Academy. An adult sponsor must agree to accompany the team and to support them in planning and conducting their team project.**

- Yes, I have discussed this Academy with the youth team I am recommending and have reviewed their individual applications. They understand that the Young Worker Leadership Academy will pay for their travel expenses, two-night hotel stay, and meals (except for lunches) and will provide a \$75 stipend after completion of their community action/project on workplace health and safety issues.
- I understand that you will cover the cost of travel, accommodations for two nights, and meals (except for lunches) for one adult sponsor for the team.
- Yes, the youth I am recommending have indicated they are able to make arrangements to miss school on Thursday (as necessary) and Friday. Each Academy will begin at 2 p.m. on Thursday and end at 3 p.m. on Saturday.
- Yes I have support from my supervisor, organization/school, and parents (of the youth) to complete the project **AFTER** the YWLA. They are aware of our goals and commitment for this Academy in developing a community team project on workplace health and safety issues.
- Yes, my organization will provide a **place to meet** and at least 20 hours of oversight for our team to plan and implement an educational event or other activity during Safe Jobs for Youth Month, May 2010. I understand that my organization will receive a \$300 stipend as well as technical support.
- Yes, I have recruited a 5<sup>th</sup> student in case an emergency happens where one of the team members cannot attend the Academy and/or complete the team project.
- Yes, I have recruited an alternate Adult Sponsor, who will take on the role of the Adult Sponsor if I am no longer able to commit to the YWLA and/or project **during** or **after** the Academy. S/he will take full responsibility and will continue with the team and their team project.

Alternate Adult Sponsor Name: \_\_\_\_\_ Title: \_\_\_\_\_

Agency/Organization: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Alternate Adult Sponsor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Applications for the following four youth and back-up student are attached:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. Back-up Student \_\_\_\_\_

\_\_\_\_\_  
Adult Sponsor Signature

\_\_\_\_\_  
Date

**On a separate sheet of paper, please make a brief statement about the team of youth you are recommending for the Academy and why they will be valuable and effective contributors to your community in promoting workplace health and safety through a team project. Please briefly describe your role and interest in this Academy and how your organization and staff will support the team you are recommending e.g. school/work, schedules, meeting space, etc**

**Return Form by November 12, 2009, attached to the individual youth applications to:**

Diane Bush, Labor Occupational Health Program, U.C. Berkeley  
2223 Fulton St., 4th Floor, Berkeley, CA 94720-5120  
Phone: 510-643-2424; Fax: 510-643-5698; E-mail: [dbush@berkeley.edu](mailto:dbush@berkeley.edu)

# Individual Youth Application

## **The Young Worker Leadership Academy**

*Presented by UC Berkeley, UCLA, and  
The Commission on Health and Safety and Workers' Compensation*

- I am applying for the  UC Berkeley Academy (Jan 28-30, 2010)  
 UC Los Angeles Academy (Feb 25-27, 2010)

Please type or print neatly in the space provided.

Contact Information		
Name (First and Last)		
Street Address		
City, State, Zip Code		
School/Organization		Grade
Home Phone	Cell Phone	Email
Gender	<input type="checkbox"/> Male	<input type="checkbox"/> Female
How did you hear about this program?		

Briefly answer the following questions below or on a separate page (one page only):

1. Why are you interested in this project?

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2. What qualities best describe you?

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3. Tell us about your work experience (paid or unpaid) or other community projects with which you have been involved:

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4. How will you manage your school/work and youth mentor responsibilities before and after the YWLA?

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**Agreement and Signature:**

By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am accepted, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal.

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*\*Please attach the Adult Recommendation/Commitment form from a teacher, community leader, or employer who plans to attend as your sponsor, and the applications from the other youth on your team. Return these forms by November 12, 2009.*

**Our Policy**

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, or disability.

*The Young Worker Leadership Academy is part of the Worker Occupational Safety and Health Training and Education Program (WOSHTEP). WOSHTEP is administered by the Commission on Health and Safety and Workers' Compensation in the Department of Industrial Relations through interagency agreements with the Labor Occupational Health Program at U.C. Berkeley, the Western Center for Agricultural Health and Safety at U.C. Davis, and the Labor Occupational Safety and Health Program at U.C.L.A. The Academy is also funded in part by a grant from The California Wellness Foundation and supported by the California Partnership for Young Worker Health and Safety.*