

Work Safe!

A Curriculum for Youth Employment Programs

Developed by the
Labor Occupational Health Program
University of California, Berkeley
2001

Table of Contents

Introduction

- Why is Health and Safety Training an Important Part of Job Preparation?
- Purpose and Teaching methods
- Contents and Time
- Instructor Preparation
- Curriculum Outline at a Glance
- Instructor's Checklist

Lessons

Lesson 1: Teen Work Injuries (20 minutes)

Students take and then discuss a short quiz that introduces them to young worker health and safety and rights on the job. Students hear a real-life story of a teen who was injured on the job, and discuss how the injury could have been prevented.

Lesson 1A: Teen Work Injuries (45 minutes)

The students watch and discuss the video, *Teens: The Hazards We Face in the Workplace*, which provides an introduction to workplace health and safety issues and rights on the job.

Lesson 2: Finding Hazards (50 minutes)

After the class defines and brainstorms a list of workplace hazards, students work in small groups to draw a floor plan of a specific workplace, and “map” or identify potential hazards in that workplace. The class works together to identify ways to control specific hazards.

Lesson 2A: Finding Hazards (90 minutes)

After the class defines and brainstorms a list of workplace hazards, students work in pairs to identify hazards in illustrations of four different workplaces. The instructor presents basic concepts on how to control specific hazards, and then students suggest solutions to prevent injuries in specific scenarios. Finally, using a simple checklist, students hunt for real hazards in the classroom or other school site.

Lesson 3: Know Your Rights (30 minutes)

After presenting key information in the fact sheet on child labor laws and other rights on the job, students work in teams to play a Jeopardy-style game to review the information and or practice finding it in the fact sheet.

Lesson 3A: Know Your Rights (45 minutes)

After presenting key information in the fact sheet on child labor laws and other rights on the job, students play a Bingo game in pairs to review the information and practice finding it in the fact sheet.

Lesson 4: Taking Action (50 minutes)

Students develop and practice strategies for approaching supervisors about workplace problems by working in small groups to develop new endings to a skit that includes specific problems.

Lesson 4A: Taking Action (45 minutes)

Students develop and practice strategies for approaching supervisors about specific workplace problems presented in five different simple scenarios.

Resources

Training Tools

- Visual Aids
- Student Handouts